

"Nursing Service Plans" Care Plans for Individuals with IDD

Presented
By
Twogether Consulting, Ltd.

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- Who are they?
- What do they do?
- How can they help?



What can I expect?

- Be Able to Write a Comprehensive Nursing Service Plan
- Know What To Include In Nursing Service Plan
- Proper Implementation of Nursing Service Plan
- Consider Your Capabilities & Resources
- Considerations for How often to Monitor/Evaluate Progress/Lack of Progress for NSP

NSP/Nursing Care Plan–Part I

- RN Assessment To Identify
 - **Nursing Diagnoses** (*at least 2*)
 - **Identifying data:** *age & sex*
 - **Relevant Medical Information** (*medications, allergies, other assessments, medical consults, etc...*)
 - **DSM-V Diagnoses:** *Axis I, II, III, IV, V*
 - **Physical Assessment** (*Head-To-Toe/Comprehensive/Review of Systems*)
 - **General Description:** *appearance, motor activity, speech, attitude*
 - **Emotion:** *mood & affect*
 - **Thought Process:** *form & content*
 - **Perceptual, Sensory, & Cognitive Abilities**
 - **Judgment & Insight**

Purpose of NSP/Nursing Care Plan

- NSP/Care Plan Should Flow-Based on Diagnoses and Specific/Special needs
- Ensures Continuity of Care, Means of Communication, and Organizing Actions
- NSP/Care Plans Help Teach Documentation
- Observations to Make, Actions to Carry Out, instructions to Individual/Others
- Assignment to Team Members with Specific Skills
- Justifies Need For Services/Billable Services

Nursing Service Plan/ Nursing Care Plan- Part II

- Development of Nursing Service Plan/Care Plan
 - Nursing Diagnoses
 - Goals/Objectives
 - Interventions/Strategies
 - Planning
 - Training Needed
 - Data Collection & Documentation
 - Evaluation/Nursing F/U
 - Review Health Status as needed for progress/change/lack of progress

Example of NSP-Psychiatric Diagnoses- Axis I or II

(Example A- cont.)

- **Nursing Diagnoses & Assessment**
 - Schizophrenia
 - *Hx of SIB's during periods of increased hallucinations & delusions*
- **Goals/Objectives**
 - Reduce Episodes of Hallucinations & Delusions
- **Interventions/Strategies**
 - See psychiatrist at least quarterly and as needed for review of behaviors and psychiatric medication review
 - Nurse will review consults from psych. appts. for recommendations and f/u as appropriate.
- **Nurse Evaluation/Follow-Up**
 - Monitor consumer for increase in hallucinations/delusions

Example of NSP for Medical Diagnoses Axis III

(Example B)

- **Nursing Diagnoses & Assessment**
 - Constipation
 - Hx of impactions
- **Goals/Objectives**
 - Reduce episodes of constipation
- **Interventions/Strategies**
 - Staff to track BM's Q shift on BM tracking sheet
 - Staff to report to nurse if consumer does not have BM in 2-3 days. Followed by PRN fleet enema if no results.
- **Nurse Evaluation/Follow-Up**
 - RN to review BM tracking sheets at least monthly. RN to notify physician if no results with PRN fleet enema.